



St Mary MacKillop School

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Mini-Newsletter

Wednesday, 9th November 2022 (Term 4, Week 4)

Dear Parents and Caregivers,

SUBWAY LUNCHES



SUBWAY LUNCHES – FRIDAY, 9th DECEMBER (Week 8)

Subway envelopes are included with today's Mini-Newsletter for lunch on Friday, 9th December. Orders to be placed no later than Wednesday, 30th November.

RECEPTION ASSEMBLY

Mrs Murphy/Mrs Parker's Reception class will host Assembly this Friday morning, 11th November at 9.00am. Families are welcome to join us in the MPLA.

TWILIGHT MARKETS

Enclosed with today's Mini-Newsletter is a flyer for our Twilight Market on Friday, 18th November. It is promising to be a fantastic evening with over 30 stall holders. A great chance to do some early Christmas shopping and enjoy an evening out. Bagot Street will be closed to traffic from 3.30-9.00pm. Bring a picnic rug and enjoy dinner, drinks and live music.

Please spread the word to family and friends in the community, everyone is welcome.

TWILIGHT MARKETS – BAKE SALE – DONATIONS REQUIRED

The Parents and Friends will be having a bake sale at the markets and are seeking donations from our school community. Please complete and return the below slip indicating what item you plan to bake and donate. Donations need to be labelled with ingredients and dropped off at school on Friday, 18th November by 3.00pm. Ideas could be biscuits, bliss balls, honey crackles, cakes, toffees, sausage rolls, quiches. We thank you for your kind and generous donations.

Parents and Friends Committee

Bake Sale Donation – Friday, 18th November – Please indicate item to be donated- return the slip or email emily.donnell@stmm.catholic.edu.au with details

Family Name _____

Item to be donated _____

BOOK FAIR

Thank you to families for supporting our Book Fair last week. Mrs Steer was able to purchase some great books, games and resources for students from the sales.



SCHOOL PHOTOS

School photos are being sent home in the newsletter folder today.

RETURN SLIP

2023 Enrolment

We are planning now for our finances, staffing and enrolments for our 2023 school year.

To assist with our forward planning it is very helpful to know if your child/children will be leaving us at the end of this school year. If we are not informed, this can impact significantly on class structures and student placement.

Please indicate if it is your intention for your child/children to be leaving our school at the end of 2022.

RETURN SLIP

My child/children: _____

WILL NOT be attending St Mary MacKillop School in 2023.

Parent name: _____ Signature: _____

Blessings for the week ahead,

Michelle Miller

Principal

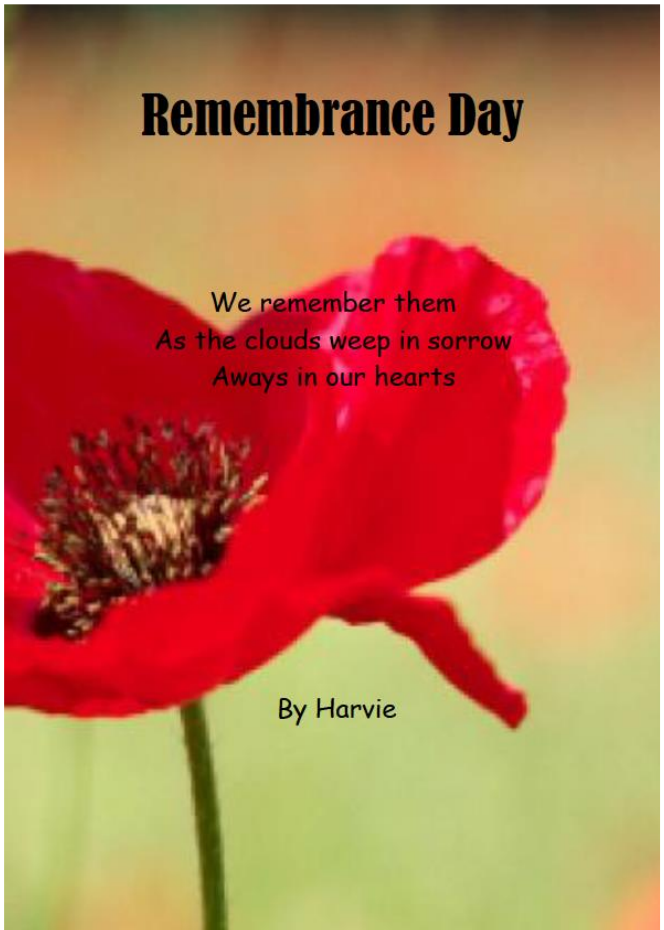
michelle.miller@stmm.catholic.edu.au



Remembrance Day

They shall not grow old
BANG! Guns echo in the night
We remember them.

BY Brody



Remembrance Day

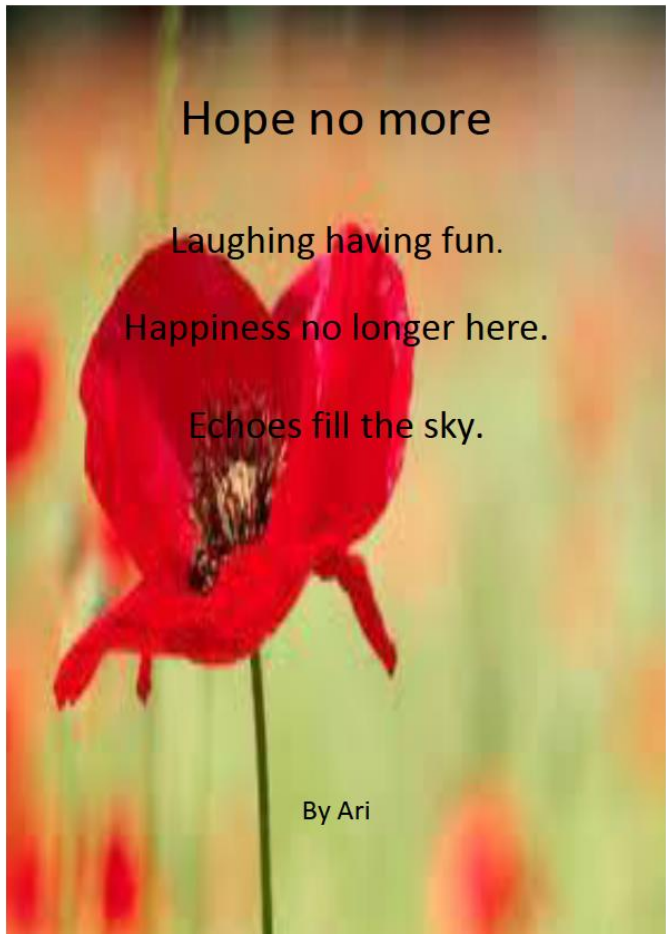
We remember them
As the clouds weep in sorrow
Aways in our hearts

By Harvie

Remembrance Day

Stars shining above their graves
Where the poppies grow
Never forgotten

By Lucas



Hope no more

Laughing having fun.
Happiness no longer here.
Echoes fill the sky.

By Ari



Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

 (07) 3735 3351

 cadrp@griffith.edu.au

 griffith.edu.au/childhood-anxiety-treatment-study



Australian Government
National Health and
Medical Research Council



Queensland, Australia

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